



**LET'S PARTY!**

**CATER**

**WITH SELLAND'S**

**WWW.SELLANDS.COM**



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# THE CLASSIC WORKING LUNCH

*small serves up to 24 people*

480

*includes:*

## **SIGNATURE SANDWICH PLATTER**

a selection of our most popular sandwiches cut in half

**ROAST BEEF**

**TURKEY & BRIE**

**ACHIOTE CHICKEN**

**THE RAINBOW** (*vegan*)

## **FARMER'S MARKET SALAD**

mixed greens, avocado, cucumber, cherry tomatoes, carrot, radish, green onion, dill, nut and seed mix, choice of dressing

*choice of one cold side:*

**ROASTED BEET**

**CARROT SESAME**

**SUPERFOOD CHOPPED**

**CURRIED CAULIFLOWER COUSCOUS**

**MEDITERRANEAN CUCUMBER**

**QUINOA & KALE**

**FRUIT**

*add:*

**ASSORTED CHIPS** 2 per bag

**COOKIES** 40 per dozen

**PLEASE CONTACT OUR  
CATERING SPECIALIST  
TO DISCUSS ANY  
DIETARY NEEDS.**

*Please be aware that our gluten-sensitive products are prepared in kitchens that handle many other wheat products. Therefore, we cannot and do not guarantee that any menu item is completely gluten-free.*

# SANDWICH PLATTERS

## **SIGNATURE SANDWICH PLATTER . . . . . 115**

*serves up to 12*

a selection of our most popular sandwiches cut in half (2 of each)  
*(sandwiches can be modified gluten-sensitive)*

### **ROAST BEEF**

shaved tri-tip, red onion, arugula, red wine vinaigrette, lemon-basil aioli,  
hoagie roll

### **ACHIOTE CHICKEN**

cabbage, carrot and cilantro slaw, red onion, jalapeño, chipotle ranch,  
mayo, hoagie roll

### **TURKEY & BRIE**

caramelized onion and apple compote, arugula, maple-mustard aioli,  
baguette

### **THE RAINBOW**

avocado, tomato, bell pepper, cabbage, carrot and cilantro slaw,  
red onion, kalamata olives, pumpkin and sunflower seeds,  
lemon vinaigrette, vegan “mayo”, whole wheat

# BISTRO BOXED LUNCH

*each bistro boxed lunch comes with bread and butter*

## **ROASTED SALMON FILET ON QUINOA 18**

pecans, dill, green onion, lemon vinaigrette

## **TURKEY COBB 18**

mixed greens, bacon, avocado, farm egg, cherry tomatoes,  
blue cheese crumble, ranch

## **CHICKEN POWER CAESAR 19**

mixed greens, avocado, fried shallot, cherry tomatoes, parmesan,  
puffed quinoa, farm egg, caesar dressing

## **CHICKEN GREEN GODDESS 19**

mixed greens, avocado, cucumber, broccoli, bell pepper, green onion, dill,  
green goddess dressing

## **CHOPPED CHICKEN & FUJI APPLE 17**

romaine, arugula, kale, golden raisins, toasted pepitas and sunflower seeds,  
crispy chickpeas, maple-sherry vinaigrette

## **BOXED LUNCHES . . . . . 19**

*each boxed lunch features a sandwich of your choice, accompanied by a cold salad side and a chocolate chip cookie; add chips, 2 per bag.  
(we are unable to customize or modify boxes for any order over 10)*

## **SANDWICH SELECTIONS . . . . .**

*most cold sandwiches can be modified to be gluten-sensitive*

### **ROAST BEEF (+1)**

shaved tri-tip, red onion, arugula, red wine vinaigrette, lemon-basil aioli, hoagie roll

### **BLTA**

bacon, romaine, tomato, avocado, mayo, sourdough

### **TUNA**

tuna and celery salad, red onion, pickle, romaine, sourdough

### **ACHIOTE CHICKEN**

cabbage, carrot and cilantro slaw, red onion, jalapeño, chipotle ranch, mayo, hoagie roll

### **TURKEY & BRIE**

caramelized onion and apple compote, arugula, maple-mustard aioli, baguette

### **TURKEY & AVOCADO**

jack cheese, tomato, pickle, red onion, romaine, lemon-basil aioli, whole wheat

### **AVOCADO & JACK (vegetarian)**

tomato, pickle, red onion, romaine, lemon-basil aioli, whole wheat

### **THE RAINBOW (vegan)**

avocado, tomato, bell pepper, cabbage, carrot and cilantro slaw, red onion, kalamata olives, pumpkin and sunflower seeds, lemon vinaigrette, vegan “mayo”, whole wheat

## **COLD SALAD SIDE SELECTIONS . . . . .**

**ROASTED BEET**

**CARROT SESAME**

**SUPERFOOD CHOPPED**

**CURRIED CAULIFLOWER COUSCOUS**

**MEDITERRANEAN CUCUMBER**

**QUINOA & KALE**

**FRUIT**

# HORS D'OEUVRES

*by the dozen (minimum of 2 dozen per item required)*

## SELLAND'S MINI SANDWICHES

- turkey breast, caramelized onion and apple compote, arugula, maple-mustard aioli, brioche roll 42
- tri-tip, red onion, arugula, red wine vinaigrette, lemon-basil aioli, brioche roll 45
- achiote chicken, cabbage, carrot and cilantro slaw, chipotle ranch, mayo, brioche roll 40
- fresh mozzarella, tomato, lemon-basil aioli, brioche roll 40

## SKEWERS

- teriyaki chicken with teriyaki sauce 33
- roasted vegetable with lemon-basil aioli 27
- tomato, fresh mozzarella, basil with lemon-basil aioli 27

## DEVEILED EGGS 22

mayo, touch of mustard, thyme

## FLATBREADS 17

- blue cheese, bacon, caramelized onion, cream cheese, green onion
- feta, cherry tomato-leek confit, cream cheese, kalamata olives, parsley

## QUICHE BITES 28

- roasted red pepper
- bacon, caramelized onion
- spinach, cherry tomato-leek confit, feta

## STUFFED MUSHROOMS 33

- sage & walnut pesto, garlic, mozzarella, breadcrumbs, fresh herbs
- italian sausage, mozzarella, breadcrumbs, fresh herbs

## CARAMELIZED ONION, BACON & GRUYÈRE DIP 35

sliced baguette

# PARTY PLATTERS

*serves up to 12*

## **SELLAND'S MINI SANDWICH PLATTER 90** *(six of each)*

- turkey breast, caramelized onion and apple compote, arugula, maple-mustard aioli, brioche roll
- tri-tip, red onion, arugula, red wine vinaigrette, lemon-basil aioli, brioche roll
- achiote chicken, cabbage, carrot and cilantro slaw, chipotle ranch, mayo, brioche roll
- fresh mozzarella, tomato, lemon-basil aioli, brioche roll

## **"BUILD YOUR OWN" BRUSCHETTA PLATTER** *choose one*

- fresh mozzarella, tomato, basil, olive oil 72
- feta, cherry tomato-leek confit 72
- lemon marinated bay shrimp, cream cheese mousse 76

## **ROASTED SALMON PLATTER 65**

cucumber-dill sauce, marinated red onion, lemon

## **SELLAND'S SIGNATURE CHEESE PLATTER 67**

creamy brie, laura chenel chevre and shaft blue cheese served with caramelized onion, olive tapenade, roasted nuts, dried fruit, crostini, water crackers

## **ROASTED LEMON MARINATED PRAWN PLATTER 73**

cocktail sauce, 2 per person

## **ROASTED VEGETABLE PLATTER 57**

lemon-basil aioli

## **FRESH VEGETABLE CRUDITÉS PLATTER 42**

ranch dressing

## **FRESH FRUIT PLATTER 42**

best of the season



# HOT ENTRÉES

*serves up to 12*

**SWEDISH MEATBALLS 104** *(24 meatballs)*  
beef and pork, mushroom-sherry cream sauce

**BLOOD ORANGE & MISO SALMON FILET 162**  
sake, ginger, honey

**HERB SALMON FILET 144**  
olive oil, lemon, parsley, dill

**TERIYAKI CHICKEN THIGH 78**  
sesame seeds, green onion

**LEMON CHICKEN BREAST 108**  
lemon, garlic, thyme

**MUSHROOM CHICKEN BREAST 126**  
sherry, cream

**CLASSIC MEATLOAF 60** *(whole, 8 slices)*  
beef and pork with tomato, onion, cheddar

**LASAGNA BOLOGNESE 109** *(half pan)*  
meat sauce, mozzarella, ricotta, parmesan

**BUTTERNUT SQUASH & LEEK LASAGNA 109** *(half pan)*  
béchamel, mozzarella, sage, parmesan

**THREE CHEESE LASAGNA 105** *(half pan)*  
tomato sauce, mozzarella, ricotta, parmesan

# HOT SIDES

*serves up to 12*

## **MACARONI & CHEESE 80**

cheddar, gruyère, parmesan, toasted breadcrumbs

## **MASHED POTATOES 65**

cream, butter

## **BROCCOLI 58**

shallots and olive oil

## **ROASTED BRUSSELS SPROUTS 75**

bacon, onion, balsamic

## **MAPLE BUTTERNUT SQUASH 75**

butter, red onion, sage

# SALADS

*serves up to 12*

*dressing choices:*

*ranch, red wine vinaigrette, golden balsamic vinaigrette*

## **HOUSE 65**

mixed greens, gruyère, green onion, fried shallot, toasted farro,  
choice of dressing

## **FARMER'S MARKET 70**

mixed greens, avocado, cucumber, cherry tomatoes, carrot, radish,  
green onion, dill, nut and seed mix, choice of dressing

## **CHOPPED CHICKEN & FUJI APPLE 70**

romaine, arugula, kale, golden raisins, toasted pepitas and sunflower seeds,  
crispy chickpeas, maple-sherry vinaigrette

## **GREEN GODDESS 70**

mixed greens, avocado, cucumber, broccoli, bell pepper,  
green onion, dill, green goddess dressing

## **POWER CAESAR 65**

mixed greens, avocado, fried shallot, cherry tomatoes, parmesan,  
puffed quinoa, farm egg, caesar dressing

## **TURKEY COBB 70**

mixed greens, bacon, avocado, farm egg, cherry tomatoes,  
blue cheese crumble, ranch

# COLD SALAD SIDES

*serves up to 12*

## **CURRIED CAULIFLOWER COUSCOUS 75**

almonds, celery, dried apricots, dried cranberry, curry-date vinaigrette

## **SUPERFOOD CHOPPED 60**

kale, broccoli, carrot, beets, green onion, pumpkin and sunflower seeds, chickpeas, lemon vinaigrette

## **CARROT SESAME 60**

peanuts, red bell pepper, green onion, miso, honey, orange, cilantro

## **ROASTED BEET 65**

pistachios, feta, red onion, green onion, golden balsamic vinaigrette

## **MEDITERRANEAN CUCUMBER 75**

red bell pepper, red onion, feta, kalamata olives, red wine vinaigrette

## **QUINOA & KALE 60**

pecans, dill, green onion, lemon vinaigrette

## **FRUIT 60**

best of season

# PARTY PACKAGES

## **THE COCKTAIL PARTY . . . . . 620**

*small serves up to 24 people*

*includes:*

### **CARAMELIZED ONION, BACON & GRUYÈRE DIP**

sliced baguette

### **MINI SANDWICH PLATTER**

an assortment of turkey, tri-tip, chicken, and fresh mozzarella & tomato mini sandwiches

### **ROASTED LEMON MARINATED PRAWN PLATTER**

cocktail sauce

### **TERIYAKI CHICKEN SKEWERS**

teriyaki dipping sauce

### **“BUILD YOUR OWN” BRUSCHETTA PLATTER**

fresh mozzarella, tomato, basil, olive oil

### **ITALIAN SAUSAGE STUFFED MUSHROOMS**

mozzarella, breadcrumbs, fresh herbs

### **ROASTED VEGETABLE SKEWERS**

lemon-basil aioli

# PARTY PACKAGES

## **THE CELEBRATION PARTY . . . . . 765**

*serves up to 24 people*

*includes:*

### **MINI SANDWICH PLATTER**

an assortment of turkey, tri-tip, chicken, and fresh mozzarella & tomato mini sandwiches

### **LEMON MARINATED BAY SHRIMP BRUSCHETTA PLATTER**

cream cheese mousse

### **ROASTED VEGETABLE PLATTER**

lemon-basil aioli

### **FETA & CHERRY TOMATO-LEEK CONFIT FLATBREAD**

cream cheese, kalamata olives, parsley

### **SAGE & WALNUT PESTO STUFFED MUSHROOMS**

garlic, mozzarella, breadcrumbs, fresh herbs

### **SIGNATURE CHEESE PLATTER**

creamy brie, laura chene chevre and shaft blue cheese served with caramelized onion, olive tapenade, roasted nuts, dried fruit, crostini, water crackers

### **SEASONAL FRUIT PLATTER**

best of season

# PARTY PACKAGES

## **SELLAND'S CLASSICS . . . . . 935**

*small serves up to 24 people*

*includes:*

### **MUSHROOM CHICKEN BREAST**

sherry, cream

### **HERB SALMON FILET**

olive oil, lemon, parsley, dill

### **MACARONI & CHEESE**

cheddar, gruyère, parmesan, toasted breadcrumbs

### **ROASTED BEET**

pistachios, feta, red onion, green onion, golden balsamic vinaigrette

### **FARMER'S MARKET SALAD**

mixed greens, avocado, cucumber, cherry tomatoes, carrot, radish, green onion, dill, nut and seed mix, choice of dressing

# PARTY PACKAGES

## THE LASAGNA PARTY . . . . . 540

*small serves up to 24 people*

*choice of:*

### LASAGNA BOLOGNESE

meat sauce, mozzarella, ricotta, parmesan

### BUTTERNUT SQUASH & LEEK LASAGNA

béchamel, mozzarella, sage, parmesan

### THREE CHEESE LASAGNA

tomato sauce, mozzarella, ricotta, parmesan

*includes:*

### ROASTED VEGETABLE PLATTER

lemon-basil aioli

### HOUSE SALAD

mixed greens, gruyère, green onion, fried shallot, toasted farro,  
red wine vinaigrette

### GARLIC PARMESAN FOCACCIA



# DESSERT PLATTERS

*serves up to 12 people*

## **FROSTED SUGAR HEART COOKIE PLATTER 48**

assortment of red, pink, and white frosted sugar heart-shaped cookies

## **COOKIE LOVERS PLATTER 43**

salted caramel sandwich, funfetti cookie sandwich, s'mores, lemon crinkle, chocolate brownie chip, chocolate chip

## **SIGNATURE DESSERT PLATTER 50**

salted caramel sandwich cookies, lemon crinkle cookies, high hat cupcakes, red velvet cupcakes, meyer lemon cheesecake bites, chocolate mousse bites

# SIGNATURE DESSERTS

*additional charges may apply for any special requests*

## **CHOCOLATE COVERED STRAWBERRY PARFAIT 7.50**

strawberry jam, pound cake, chocolate ganache

## **CHOCOLATE PEANUT BUTTER PARFAIT 7.50**

chocolate pudding, chocolate streusel, peanut butter "whipped cream"

## **TIRAMISU 7.50**

mascarpone cream, coffee-soaked ladyfingers

## **BANANA PUDDING PARFAIT 7.50**

vanilla coconut pudding, banana, vanilla streusel, "whipped cream"

## **RED VELVET CUPCAKE 4 each | 48 dozen**

red velvet cake, mascarpone cream cheese frosting, white chocolate curls

## **COOKIES & CREAM CUPCAKE 4 each | 48 dozen**

chocolate cake, oreo crumbs, vanilla frosting

## **CARAMEL KAHLUA CUPCAKE 4 each | 48 dozen**

espresso cake, dulce de leche buttercream, caramel crisp pearls

## **HIGH HAT CUPCAKE 4 each | 48 dozen**

chocolate cake, chocolate dipped meringue

## **CHOCOLATE MOUSSE BAR 7.50**

whipped cream, chocolate cookie crust, cocoa nibs

## **MEYER LEMON CHEESECAKE BAR 7.50**

whipped cream, meyer lemon curd, lemon zest, graham cracker crust

## **COOKIES 40 dozen**

salted caramel sandwich, funfetti cookie sandwich, s'mores, lemon crinkle, chocolate brownie chip, chocolate chip

# WHOLE CAKES & TORTES

*all orders must be placed by noon, 72 hours in advance*

## **STRAWBERRY CHAMPAGNE CAKE** (9" round serves 10-12) 56

strawberry cake, strawberry champagne jam, white chocolate buttercream, strawberry blossom curls

## **RED VELVET CAKE** (9" round serves 10-12) 56

red velvet cake, mascarpone cream cheese frosting, white chocolate curls

## **COOKIES & CREAM CAKE** (9" round serves 10-12) 56

chocolate cake, oreo crumbs, vanilla frosting

## **CARAMEL KAHLUA CAKE** (9" round serves 10-12) 56

espresso cake, dulce de leche buttercream, caramel crisp pearls

## **SALTED CARAMEL CAKE** (9" round serves 10-12) 56

chocolate cake, salted caramel filling, chocolate frosting, salted caramel crisp pearls

## **CHOCOLATE MOUSSE TORTE** (whole serves 12-14) 56

whipped cream, chocolate cookie crust, cocoa nibs

## **BLUEBERRY ALMOND TORTE** (whole serves 12-14) 56

toasted almonds, cinnamon, powdered sugar

## **MEYER LEMON CHEESECAKE** (whole serves 12-14) 56

whipped cream, meyer lemon curd, lemon zest, graham cracker crust

Whether we are creating your meal from beginning to end, or just supplementing what you've created, we're here to help. Here are some details to consider:

- A 72-hour notice may be required on some menu items.
- We allow for last-minute orders based on availability. However, dates do fill up quickly, especially during peak seasons, so please place your order at your earliest convenience.
- We cater events, big or small, however, we do not provide wait staff or party rentals.
- All menus and pricing are subject to change.

*We look forward to serving you!*

# CATERING

# OUR LOCATIONS

5340 H STREET  
SACRAMENTO, CA 95819  
916.736.3333 PHONE



915 BROADWAY  
SACRAMENTO, CA 95818  
916.732.3390 PHONE



4370 TOWN CENTER BLVD.  
EL DORADO HILLS, CA 95762  
916.932.5025 PHONE

