



**LET'S PARTY!**

**CATER**

**WITH SELLAND'S**

**WWW.SELLANDS.COM**



# TABLE OF CONTENTS

THE CLASSIC WORKING LUNCH .....	1
SANDWICH PLATTERS.....	2
BISTRO BOXED LUNCHES .....	3
BOXED LUNCHES .....	4
HORS D'OEUVRES .....	5
PARTY PLATTERS .....	6
HOT ENTRÉES .....	7
HOT SIDES .....	8
SALADS .....	9
COLD SALAD SIDES .....	10
PARTY PACKAGES .....	11-14
DESSERTS .....	15-16



# THE CLASSIC WORKING LUNCH

*small serves up to 24 people \$470*

*medium serves up to 48 people \$940*

*large serves up to 72 people \$1,410*

*includes:*

## **ASSORTED SANDWICH PLATTER**

choose from a selection of signature cold sandwiches

*(see selections on page 2)*

## **FARMER'S MARKET SALAD**

mixed greens, avocado, asparagus,  
carrot, radish, green onion, dill,  
nut and seed mix, choice of dressing

*choice of one cold side:*

**ROASTED BEET**

**SUPERFOOD CHOPPED**

**ASPARAGUS & ARTICHOKE CAPRESE**

**MEDITERRANEAN CUCUMBER**

**SPRING VEGETABLE PEARL COUSCOUS**

**QUINOA & KALE**

**FRUIT**

**ADD COOKIES \$36 PER DOZEN**

*PLEASE CONTACT OUR  
CATERING SPECIALIST  
TO DISCUSS ANY  
DIETARY NEEDS.*

*Please be aware that our gluten sensitive products are prepared in kitchens that handle many other wheat products. Therefore we cannot and do not guarantee that any menu item is completely gluten-free.*

# SANDWICH PLATTERS

## **SIGNATURE SANDWICH PLATTER** . . . . .

*small (8 sandwiches cut in half, choose 4) \$99*  
*large (16 sandwiches cut in half, choose 4) \$198*

## **SANDWICH SELECTIONS** . . . . .

*most cold sandwiches can be modified to be gluten sensitive*

### **ROAST BEEF**

shaved tri-tip, pickled red onion, arugula, red wine vinaigrette, lemon-basil aioli, hoagie roll

### **BLTA**

peppered bacon, romaine, tomato, avocado, mayo, sourdough

### **TUNA SALAD**

tuna and celery salad, red onion, pickle, romaine, sourdough

### **CALIFORNIA CHICKEN & AVOCADO**

cucumber, sprouts, bell pepper, onion, green goddess dressing, lemon-basil aioli, hoagie roll

### **TURKEY & AVOCADO**

jack cheese, tomato, pickle, red onion, romaine, lemon-basil aioli, whole wheat focaccia

### **AVOCADO & JACK**

tomato, pickle, red onion, romaine, lemon-basil aioli, whole wheat focaccia

### **THE RAINBOW**

avocado, tomato, bell pepper, cabbage, carrot and cilantro slaw, red onion, kalamata olives, pumpkin and sunflower seeds, lemon vinaigrette, vegan “mayo”, whole wheat focaccia

# BISTRO BOXED LUNCH

*each bistro boxed lunch comes with bread and butter*

## **ROASTED SALMON FILET ON QUINOA \$17.75**

pecans, dill, green onion, lemon vinaigrette

## **TURKEY COBB \$15.25**

mixed greens, bacon, avocado, farm egg, cherry tomatoes, blue cheese crumble, ranch

## **CHICKEN POWER CAESAR \$18.25**

mixed greens, avocado, fried shallot, cherry tomatoes, parmesan, puffed quinoa, farm egg

## **CHICKEN GREEN GODDESS \$18.50**

mixed greens, avocado, snap peas, broccoli, bell pepper, green onion, dill, green goddess dressing

## **CHICKEN CAESAR \$17.75**

chopped romaine, shaved parmesan, croutons, chives

## **CHOPPED CHICKEN & FUJI APPLE \$14.95**

romaine, arugula, kale, golden raisins, toasted pepitas and sunflower seeds, crispy chickpeas, maple-sherry vinaigrette

# BOXED LUNCHES

**\$17.75**

*each boxed lunch features a sandwich of your choice, accompanied by a cold salad side and a chocolate chip cookie; add chips, \$1.75 per bag.*

## **SANDWICH SELECTIONS . . . . .**

*most cold sandwiches can be modified to be gluten sensitive*

### **ROAST BEEF (+\$1.75)**

shaved tri-tip, pickled red onion, arugula, red wine vinaigrette, lemon-basil aioli, hoagie roll

### **BLTA**

peppered bacon, romaine, tomato, avocado, mayo, sourdough

### **TUNA SALAD**

tuna and celery salad, red onion, pickle, romaine, sourdough

### **CALIFORNIA CHICKEN & AVOCADO**

cucumber, sprouts, bell pepper, onion, green goddess dressing, lemon-basil aioli, hoagie roll

### **TURKEY & AVOCADO**

jack cheese, tomato, pickle, red onion, romaine, lemon-basil aioli, whole wheat focaccia

### **AVOCADO & JACK**

tomato, pickle, red onion, romaine, lemon-basil aioli, whole wheat focaccia

### **THE RAINBOW**

avocado, tomato, bell pepper, cabbage, carrot and cilantro slaw, red onion, kalamata olives, pumpkin and sunflower seeds, lemon vinaigrette, vegan “mayo”, whole wheat focaccia

## **COLD SALAD SIDE SELECTIONS . . . . .**

SPRING VEGETABLE PEARL COUSCOUS, ROASTED BEET,  
ARTICHOKE & ASPARAGUS CAPRESE, QUINOA & KALE,  
MEDITERRANEAN CUCUMBER, SUPERFOOD CHOPPED, FRUIT

# HORS D'OEUVRES

*by the dozen (minimum of 2 dozen per item required)*

## SELLAND'S MINI SANDWICHES

- turkey breast, jack cheese, caramelized onion, mayo **\$42**
- tri-tip, pickled red onion, arugula, red wine vinaigrette, lemon-basil aioli **\$45**
- chicken, cucumber, sprouts, onion, green goddess dressing **\$40**
- fresh mozzarella, tomato, lemon-basil aioli **\$40**

## SKEWERS

- teriyaki chicken with ginger-peanut vinaigrette **\$33**
- roasted vegetable with lemon-basil aioli **\$27**
- tomato, fresh mozzarella, basil with lemon-basil aioli **\$27**

## DEVEILED EGGS \$22

mayo, touch of mustard, thyme

## FLATBREADS \$16.50

- blue cheese, bacon, caramelized onion, cream cheese, green onion
- feta, sun-dried tomatoes, cream cheese, kalamata olives, parsley

## QUICHE BITES \$28.50 *(minimum purchase of 2 dozen per flavor)*

- roasted red pepper
- bacon, caramelized onion
- spinach, sun-dried tomatoes, feta

## STUFFED MUSHROOMS

- sage & walnut pesto, garlic, fontina, breadcrumbs, fresh herbs **\$33.50**
- italian sausage, fontina, breadcrumbs, fresh herbs **\$33.50**

## CARAMELIZED ONION, BACON & GRUYÈRE DIP \$35

sliced baguette

# PARTY PLATTERS

*small serves up to 12*

*large serves up to 24*

## **SELLAND'S MINI SANDWICH PLATTER sm \$90 | lg \$175**

- turkey breast, jack cheese, caramelized onion, mayo
- tri-tip, pickled red onion, arugula, red wine vinaigrette, lemon-basil aioli
- chicken, cucumber, sprouts, onion, green goddess dressing
- fresh mozzarella, tomato, lemon-basil aioli

## **“BUILD YOUR OWN” BRUSCHETTA PLATTER *choose one***

- fresh mozzarella, tomato, basil, olive oil **sm \$72**
- feta, sun-dried tomato **sm \$72**
- lemon marinated bay shrimp, cream cheese mousse **sm \$76**

## **ROASTED SALMON PLATTER lg \$129**

cucumber-dill sauce, marinated red onion, lemon

## **SELLAND'S SIGNATURE CHEESE PLATTER sm \$67 | lg \$123**

creamy brie, laura chenal chevre and shaft blue cheese served with caramelized onion, olive tapenade, roasted nuts, dried fruit, crostini, water crackers

## **CHEESE & FRUIT PLATTER sm \$67 | lg \$123**

creamy brie, laura chenal chevre and shaft blue cheese, best of the season fruit, crostini, water crackers

## **ROASTED LEMON MARINATED PRAWN PLATTER sm \$73 | lg \$133**

cocktail sauce, 2 per person

## **ROASTED VEGETABLE PLATTER sm \$57 | lg \$99**

lemon-basil aioli

## **FRESH VEGETABLE CRUDITÉS PLATTER sm \$42 | lg \$65**

ranch dressing

## **FRESH FRUIT PLATTER sm \$42 | lg \$65**

best of the season

## **BAGUETTE, CROSTINI & CRACKER PLATTER sm \$21**



# HOT ENTRÉES

*small serves up to 12*

*large serves up to 24*

**SWEDISH MEATBALLS sm \$108 | lg \$216**

beef and pork, mushroom-sherry cream sauce

**SALMON FILET PROVENCAL sm \$150 | lg \$300**

roasted cherry tomatoes, leeks, rosemary, thyme, oregano

**HERB SALMON FILET sm \$144 | lg \$288**

olive oil, lemon, parsley, dill

**TERIYAKI CHICKEN THIGH sm \$75 | lg \$150**

sesame seeds, green onion

**LEMON CHICKEN BREAST sm \$111 | lg \$222**

lemon, garlic, thyme

**MUSHROOM CHICKEN BREAST sm \$123 | lg \$246**

sherry, cream

**CLASSIC MEATLOAF \$60 (whole)**

beef and pork with tomato, onion, cheddar

**LASAGNA BOLOGNESE sm \$99 | lg \$188**

meat sauce, mozzarella, ricotta, parmesan

**THREE CHEESE LASAGNA sm \$95 | lg \$180**

tomato sauce, mozzarella, ricotta, parmesan

# HOT SIDES

*small serves up to 12*

*large serves up to 24*

## **MACARONI & CHEESE sm \$59 | lg \$118**

cheddar, gruyère, parmesan, toasted breadcrumbs

## **MASHED POTATOES sm \$49 | lg \$98**

cream, butter

## **BROCCOLI sm \$43 | lg \$86**

shallots and olive oil

## **ROASTED ASPARAGUS sm \$59 | lg \$118**

miso, lemon, sesame

## **ROASTED MUSHROOMS sm \$59 | lg \$118**

cabbage, leeks, thyme, garlic butter

# SALADS

*small serves up to 12*

*large serves up to 24*

*dressing choices:*

*ranch, red wine vinaigrette, golden balsamic vinaigrette*

## **GARDEN sm \$64 | lg \$128**

mixed greens, carrot, cucumber, cherry tomatoes, green onion,  
choice of dressing

## **FARMER'S MARKET sm \$72 | lg \$144**

mixed greens, avocado, asparagus, carrot, radish,  
green onion, dill, nut and seed mix, choice of dressing

## **CHOPPED CHICKEN & FUJI APPLE sm \$72 | lg \$144**

romaine, arugula, kale, golden raisins, toasted pepitas and sunflower seeds,  
crispy chickpeas, maple-sherry vinaigrette

## **GREEN GODDESS sm \$72 | lg \$144**

mixed greens, avocado, snap peas, cucumber, broccoli, bell pepper,  
green onion, dill, green goddess dressing

## **POWER CAESAR sm \$69 | lg \$138**

mixed greens, avocado, fried shallot, cherry tomatoes, parmesan, puffed quinoa,  
farm egg, caesar dressing

## **TURKEY COBB sm \$76 | lg \$152**

mixed greens, bacon, avocado, farm egg, cherry tomatoes, blue cheese crumble,  
ranch

# COLD SALAD SIDES

*small serves up to 12*

*large serves up to 24*

## **SUPERFOOD CHOPPED sm \$53 | lg \$106**

kale, broccoli, carrot, beets, green onion, pumpkin and sunflower seeds, chickpeas, lemon vinaigrette

## **ASPARAGUS & ARTICHOKE sm \$62 | lg \$124**

fresh mozzarella, basil, golden balsamic vinaigrette

## **ROASTED BEET sm \$53 | lg \$106**

pistachios, feta, red onion, green onion, golden balsamic vinaigrette

## **MEDITERRANEAN CUCUMBER sm \$53 | lg \$106**

red bell pepper, red onion, feta, kalamata olives, red wine vinaigrette

## **SPRING VEGETABLE PEARL COUSCOUS sm \$62 | lg \$124**

asparagus, snap peas, zucchini, dill, cilantro, mint, lemon, parmesan

## **QUINOA & KALE sm \$53 | lg \$106**

pecans, dill, green onion, lemon vinaigrette

## **FRUIT sm \$56 | lg \$112**

best of season

# PARTY PACKAGES

## THE COCKTAIL PARTY . . . . .

*small serves up to 24 people \$535*  
*medium serves up to 48 people \$1,070*

*includes:*

**CARAMELIZED ONION, BACON & GRUYÈRE DIP**  
sliced baguette

**MINI TRI-TIP SANDWICHES**  
pickled red onion, arugula, red wine vinaigrette, lemon-basil aioli

**ROASTED LEMON MARINATED PRAWN PLATTER**  
cocktail sauce

**TERIYAKI CHICKEN SKEWERS**  
ginger-peanut vinaigrette

**“BUILD YOUR OWN” BRUSCHETTA PLATTER**  
fresh mozzarella, tomato, basil, olive oil

**ITALIAN SAUSAGE STUFFED MUSHROOMS**  
fontina, breadcrumbs, fresh herbs

**ROASTED VEGETABLE SKEWERS**  
lemon-basil aioli

# PARTY PACKAGES

## THE CELEBRATION PARTY . . . . .

*small serves up to 24 people \$705*  
*medium serves up to 48 people \$1,415*  
*large serves up to 72 people \$2,095*

*includes:*

### **MINI CHICKEN SANDWICHES**

cucumber, sprouts, onion, green goddess dressing

### **MINI TRI-TIP SANDWICHES**

pickled red onion, arugula, red wine vinaigrette, lemon-basil aioli

### **“BUILD YOUR OWN” BRUSCHETTA PLATTER**

lemon marinated bay shrimp, cream cheese mousse

### **ROASTED VEGETABLE PLATTER**

lemon-basil aioli

### **FETA & CHERRY TOMATO-LEEK CONFIT FLATBREAD**

cream cheese, kalamata olives, parsley

### **SAGE & WALNUT PESTO STUFFED MUSHROOMS**

garlic, fontina, breadcrumbs, fresh herbs

### **SIGNATURE CHEESE PLATTER**

creamy brie, laura chanel chevre and shaft blue cheese served with caramelized onion, olive tapenade, roasted nuts, dried fruit, crostini, water crackers

### **SEASONAL FRUIT PLATTER**

best of season

# PARTY PACKAGES

## SELLAND'S CLASSICS . . . . .

*small serves up to 24 people \$650*

*medium serves up to 48 people \$1,175*

*includes:*

### **MUSHROOM CHICKEN BREAST**

sherry, cream

### **HERB SALMON FILET**

olive oil, lemon, parsley, dill

### **MACARONI & CHEESE**

cheddar, gruyère, parmesan, toasted breadcrumbs

### **ROASTED BEET**

pistachios, feta, red onion, green onion, golden balsamic vinaigrette

### **FARMER'S MARKET SALAD**

mixed greens, avocado, asparagus, carrot, radish, green onion, dill,  
nut and seed mix, choice of dressing

# PARTY PACKAGES

## THE LASAGNA PARTY . . . . .

*small serves up to 24 people \$465*  
*medium serves up to 48 people \$820*

*choice of:*

### **LASAGNA BOLOGNESE**

meat sauce, mozzarella, ricotta, parmesan

### **THREE CHEESE LASAGNA**

tomato sauce, mozzarella, ricotta, parmesan

*includes:*

### **ROASTED VEGETABLE PLATTER**

lemon-basil aioli

### **GARDEN SALAD**

mixed greens, carrot, cucumber, cherry tomatoes, green onion,  
golden balsamic vinaigrette

### **GARLIC BREAD**



# DESSERT PLATTERS

*small serves up to 12 people*

*large serves up to 24 people*

*additional charges may apply for any special requests*

## **COOKIE LOVERS PLATTER sm \$40 | lg \$80**

rainbow, salted caramel sandwich, oatmeal cookie cream sandwich, lemon crinkle, chocolate brownie chip, chocolate chip

## **SIGNATURE DESSERT PLATTER sm \$48 | lg \$90**

salted caramel sandwich cookies, rainbow cookies, high hat cupcakes, caramel kahlua cupcakes, raspberry cheesecake bites, chocolate mousse bites

# SIGNATURE DESSERTS

*additional charges may apply for any special requests*

## **TIRAMISU \$6.75**

mascarpone cream, coffee-soaked ladyfingers

## **STRAWBERRY TRES LECHES PARFAIT \$6.75**

fresh strawberries, vanilla sponge cake, whipped cream

## **BANANA PUDDING PARFAIT \$6.75**

vanilla coconut pudding, banana, vanilla streusel, “whipped cream”

## **HIGH HAT CUPCAKE \$3.95 each | \$47 dozen**

chocolate cake, chocolate dipped meringue

## **CARAMEL KAHLUA CUPCAKE \$3.95 each | \$47 dozen**

espresso cake, dulce de leche buttercream, caramel crisp pearls

## **CHOCOLATE MOUSSE BAR \$6.95**

whipped cream, chocolate cookie crust, cocoa nibs

## **RASPBERRY CHEESECAKE BAR \$6.95**

whipped cream, graham cracker crust

## **COOKIES \$36 dozen**

rainbow, salted caramel sandwich, oatmeal cookie cream sandwich, lemon crinkle, chocolate brownie chip, chocolate chip

# WHOLE CAKES & TORTES

*all orders must be placed by noon, 72 hours in advance*

**BLUEBERRIES & CREAM CAKE \$56 (9" round serves 10-12)**

vanilla cake, blueberry jam, swiss buttercream

**CARAMEL KAHLUA CAKE \$56 (9" round serves 10-12)**

espresso cake, dulce de leche buttercream, caramel crisp pearls

**SALTED CARAMEL CAKE \$56 (9" round serves 10-12)**

chocolate cake, salted caramel filling, chocolate frosting,  
salted caramel crisp pearls

**CHOCOLATE MOUSSE TORTE \$56 (whole serves 12-14)**

whipped cream, chocolate cookie crust, cocoa nibs

**CHERRY ALMOND TORTE \$36 (whole serves 12-14)**

toasted almonds, cinnamon, powdered sugar

**RASPBERRY CHEESECAKE \$56 (whole serves 12-14)**

whipped cream, graham cracker crust

Whether we are creating your meal from beginning to end, or just supplementing what you've created, we're here to help. Here are some details to consider:

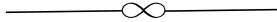
- We provide delivery with a minimum purchase of \$500, with a small fee based on location.
- A 72-hour notice may be required on some menu items.
- We allow for last-minute orders based on availability. However, dates do fill up quickly, especially during peak seasons, so please place your order at your earliest convenience.
- We cater events, big or small, however, we do not provide wait staff or party rentals.
- All menus and pricing are subject to change.

*We look forward to serving you!*

# CATERING

# OUR LOCATIONS

5340 H STREET  
SACRAMENTO, CA 95819  
916.736.3333 PHONE



915 BROADWAY  
SACRAMENTO, CA 95818  
916.732.3390 PHONE



4370 TOWN CENTER BLVD.  
EL DORADO HILLS, CA 95762  
916.932.5025 PHONE

