



**LET'S PARTY!**

**CATER**

**WITH SELLAND'S**

**WWW.SELLANDS.COM**



# TABLE OF CONTENTS

THE CLASSIC WORKING LUNCH .....	1
SANDWICH PLATTERS.....	2
BISTRO BOXED LUNCHES .....	3
BOXED LUNCHES .....	4
HORS D'OEUVRES .....	5
PARTY PLATTERS .....	6
HOT ENTRÉES .....	7
HOT SIDES .....	8
SALADS .....	9
COLD SALAD SIDES .....	10
PARTY PACKAGES .....	11-14
DESSERTS .....	15-16



# THE CLASSIC WORKING LUNCH

*small serves up to 24 people \$435*  
*medium serves up to 48 people \$870*  
*large serves up to 72 people \$1,305*

*includes:*

## **ASSORTED SANDWICH PLATTER**

choose from a selection of signature cold sandwiches  
*(see selections on page 2)*

## **FARMER'S MARKET SALAD**

mixed greens, avocado, cucumber, cherry tomatoes,  
carrot, radish, green onion, dill,  
nut and seed mix, choice of dressing

*choice of one cold side:*

**ROASTED BEET**

**MEDITERRANEAN CUCUMBER**

**CAVATAPPI PASTA SALAD**

**KALE & QUINOA**

**KALE CAESAR**

**FRUIT**

**ADD COOKIES \$35 PER DOZEN**

*PLEASE CONTACT OUR  
CATERING SPECIALIST  
TO DISCUSS ANY  
DIETARY NEEDS.*

*Please be aware that our gluten sensitive products are prepared in kitchens that handle many other wheat products. Therefore we cannot and do not guarantee that any menu item is completely gluten-free.*

# SANDWICH PLATTERS

## **SIGNATURE SANDWICH PLATTER** . . . . .

*small (8 sandwiches cut in half, choose 4) \$97*

*large (16 sandwiches cut in half, choose 4) \$194*

## **SANDWICH SELECTIONS** . . . . .

*most cold sandwiches can be modified to be gluten sensitive*

### **ROAST BEEF**

shaved tri tip, peperonata, arugula, red wine vinaigrette,  
lemon-basil aioli, hoagie roll

### **BLTA**

peppered bacon, romaine, tomato, avocado, mayo, sourdough

### **TUNA SALAD**

tuna and celery salad, red onion, pickle, romaine, sourdough

### **TURKEY & AVOCADO**

jack cheese, tomato, pickle, red onion, romaine, lemon-basil aioli,  
whole wheat

### **AVOCADO & JACK**

tomato, pickle, red onion, romaine, lemon-basil aioli, whole wheat

### **THE RAINBOW**

avocado, pumpkin and sunflower seeds, tomato, slaw with carrot,  
cabbage, mint and cilantro, bell peppers, red onion, kalamata olives,  
lemon vinaigrette, vegan “mayo”, whole wheat

# **BISTRO BOXED LUNCH**

*each bistro boxed lunch comes with bread and butter*

## **ROASTED SALMON FILET ON QUINOA \$15.25**

pecans, dill, green onion, lemon vinaigrette

## **TURKEY COBB \$15.25**

mixed greens, bacon, avocado, farm egg, tomato, blue cheese crumble, ranch

## **CHICKEN CAESAR \$14.50**

chopped romaine, shaved parmesan, croutons, chives

# BOXED LUNCHES

**\$17.75**

*each boxed lunch features a sandwich of your choice, accompanied by a cold salad side and a chocolate chip cookie; add chips, \$1.75 per bag.*

## **SANDWICH SELECTIONS . . . . .**

*most cold sandwiches can be modified to be gluten sensitive*

### **ROAST BEEF (+\$1.75)**

shaved tri tip, peperonata, arugula, red wine vinaigrette, lemon-basil aioli, hoagie roll

### **BLTA**

peppered bacon, romaine, tomato, avocado, mayo, sourdough

### **TUNA SALAD**

tuna and celery salad, red onion, pickle, romaine, sourdough

### **TURKEY & AVOCADO**

jack cheese, tomato, pickle, red onion, romaine, lemon-basil aioli, whole wheat

### **AVOCADO & JACK**

tomato, pickle, red onion, romaine, lemon-basil aioli, whole wheat

### **THE RAINBOW**

avocado, pumpkin and sunflower seeds, tomato, slaw with carrot, cabbage, mint and cilantro, bell peppers, red onion, kalamata olives, lemon vinaigrette, vegan “mayo”, whole wheat

## **COLD SALAD SIDE SELECTIONS . . . . .**

CAVATAPPI PASTA SALAD, MEDITERRANEAN CUCUMBER, ROASTED BEET, KALE & QUINOA, KALE CAESAR, FRUIT

# HORS D'OEUVRES

*by the dozen (minimum of 2 dozen per item required)*

*all items are packed to go, table ready platters are available for an additional charge*

## SELLAND'S MINI SANDWICHES

- turkey breast, jack cheese, caramelized onion, mayo **\$42**
- tri tip, peperonata, arugula, red wine vinaigrette, lemon-basil aioli **\$45**
- roasted chicken, jack cheese, arugula, lemon-basil aioli **\$40**
- fresh mozzarella, tomato, lemon-basil aioli **\$40**

## SKEWERS

- teriyaki chicken with sesame vinaigrette **\$33**
- roasted vegetable with lemon-basil aioli **\$27**
- tomato, fresh mozzarella, basil with lemon-basil aioli **\$27**

## DEVILED EGGS \$22

mayo, touch of mustard, thyme

## FLATBREADS \$16.50

- blue cheese, bacon, caramelized onion, cream cheese, green onion
- feta, sun-dried tomatoes, cream cheese, kalamata olives, parsley

## QUICHE BITES \$28.50 *(minimum purchase of 2 dozen per flavor)*

- roasted red pepper
- bacon, caramelized onion
- spinach, sun-dried tomatoes, feta

## MINI TWICE BAKED POTATOES

- cheddar, sour cream, chive **\$36**
- bacon, cheddar, sour cream, chive **\$39**

## STUFFED MUSHROOMS

- sage-walnut & pesto, garlic, fontina, breadcrumbs, fresh herbs **\$33.50**
- italian sausage, fontina, breadcrumbs, fresh herbs **\$33.50**

# PARTY PLATTERS

*small serves up to 12*

*large serves up to 24*

## **SELLAND'S MINI SANDWICH PLATTER sm \$90 | lg \$175**

- turkey breast, jack cheese, caramelized onion, mayo
- tri tip, peperonata, arugula, red wine vinaigrette, lemon-basil aioli
- roasted chicken, jack cheese, arugula, lemon-basil aioli
- fresh mozzarella, tomato, lemon-basil aioli

## **“BUILD YOUR OWN” BRUSCHETTA PLATTER *choose one***

- fresh mozzarella, tomato, basil, olive oil **sm \$72**
- feta, sun-dried tomato **sm \$72**
- lemon marinated bay shrimp, cream cheese mousse **sm \$76**

## **ROASTED SALMON PLATTER lg \$129**

cucumber-dill sauce, marinated red onion, lemon

## **SELLAND'S SIGNATURE CHEESE PLATTER sm \$67 | lg \$123**

creamy brie, laura chene chevre and shaft blue cheese served with caramelized onion, olive tapenade, roasted nuts, dried fruit, crostini, water crackers

## **CHEESE & FRUIT PLATTER sm \$67 | lg \$123**

creamy brie, laura chene chevre and shaft blue cheese, best of the season fruit, crostini, water crackers

## **ROASTED LEMON MARINATED PRAWN PLATTER sm \$73 | lg \$133**

cocktail sauce, 2 per person

## **ROASTED VEGETABLE PLATTER sm \$57 | lg \$99**

lemon-basil aioli

## **FRESH VEGETABLE CRUDITÉS PLATTER sm \$42 | lg \$65**

ranch dressing

## **FRESH FRUIT PLATTER sm \$42 | lg \$65**

best of the season

## **BAGUETTE, CROSTINI & CRACKER PLATTER sm \$21**



# HOT ENTRÉES

*small serves up to 12*

*large serves up to 24*

**SALMON FILET PROVENCAL sm \$129 | lg \$258**

roasted cherry tomatoes, leeks, rosemary, thyme, oregano

**HERB SALMON FILET sm \$123 | lg \$246**

olive oil, lemon, parsley, dill

**TERIYAKI CHICKEN THIGH sm \$63 | lg \$126**

sesame seeds, green onion

**LEMON CHICKEN BREAST sm \$111 | lg \$222**

lemon, garlic, thyme

**MUSHROOM CHICKEN BREAST sm \$117 | lg \$234**

sherry, cream

**CLASSIC MEATLOAF \$60 (whole)**

beef and pork with tomato, onion, cheddar

**LASAGNA BOLOGNESE sm \$89 | lg \$178**

meat sauce, mozzarella, ricotta, parmesan

**THREE CHEESE LASAGNA sm \$85 | lg \$170**

tomato sauce, mozzarella, ricotta, parmesan

**BUTTERNUT SQUASH & LEEK LASAGNA sm \$89 | lg \$178**

béchamel, mozzarella, sage, parmesan

# HOT SIDES

*small serves up to 12*

*large serves up to 24*

## **MACARONI & CHEESE sm \$59 | lg \$118**

cheddar, gruyère, parmesan, toasted breadcrumbs

## **MASHED POTATOES sm \$49 | lg \$98**

hand mashed

## **BROCCOLI sm \$52 | lg \$104**

sautéed with shallots and olive oil

## **ROASTED BRUSSELS SPROUTS sm \$59 | lg \$118**

peppered bacon, onion, balsamic

## **MAPLE BUTTERNUT SQUASH sm \$59 | lg \$118**

red onion, sage

# SALADS

*small serves up to 12*

*large serves up to 24*

*dressing choices:*

*ranch, red wine vinaigrette, golden balsamic vinaigrette*

## **GARDEN sm \$52 | lg \$104**

mixed greens, carrot, cucumber, cherry tomatoes, green onion, choice of dressing

## **FARMER'S MARKET sm \$68 | lg \$136**

mixed greens, avocado, cucumber, cherry tomatoes, carrot, radish, green onion, dill, nut and seed mix, choice of dressing

## **GOAT CHEESE & APPLE sm \$68 | lg \$136**

mixed greens, toasted walnuts, red onion, golden balsamic vinaigrette

## **CLASSIC CAESAR sm \$63 | lg \$126**

chopped romaine, shaved parmesan, croutons, chives

## **BACON & BLUE CHEESE sm \$69 | lg \$138**

chopped romaine, cherry tomatoes, pickled red onion, green onion, ranch

## **POWER CAESAR sm \$68 | lg \$136**

mixed greens, avocado, fried shallots, cherry tomatoes, parmesan, puffed quinoa, farm egg

## **TURKEY COBB sm \$76 | lg \$152**

mixed greens, bacon, avocado, farm egg, tomato, blue cheese crumble, ranch

# COLD SALAD SIDES

*small serves up to 12*

*large serves up to 24*

## **ROASTED BEET sm \$53 | lg \$106**

pistachios, feta, red onion, green onion, golden balsamic vinaigrette

## **MEDITERRANEAN CUCUMBER sm \$53 | lg \$106**

red bell pepper, red onion, feta, kalamata olives, red wine vinaigrette

## **CAVATAPPI PASTA SALAD sm \$53 | lg \$106**

tomato, arugula, feta, scallions, ranch

## **KALE & QUINOA sm \$53 | lg \$106**

pecans, dill, green onion, lemon vinaigrette

## **ASIAN CHICKEN SALAD sm \$62 | lg \$124**

shaved cabbage, shaved carrot, toasted almonds, green onion, sesame ginger vinaigrette

## **KALE CAESAR sm \$53 | lg \$106**

parmesan, croutons

## **FRUIT sm \$56 | lg \$112**

best of season

# PARTY PACKAGES

## THE COCKTAIL PARTY . . . . .

*small serves up to 24 people \$535*  
*medium serves up to 48 people \$1,070*  
*large serves up to 72 people \$1,595*

*includes:*

**CARAMELIZED ONION, BACON & GRUYÈRE DIP**  
baguette

**MINI TRI TIP SANDWICHES**  
peperonata, arugula, red wine vinaigrette, lemon-basil aioli

**ROASTED LEMON MARINATED PRAWN PLATTER**  
cocktail sauce

**TERIYAKI CHICKEN SKEWERS**  
sesame vinaigrette

**MINI TWICE BAKED POTATOES**  
cheddar, sour cream, chive

**ITALIAN SAUSAGE STUFFED MUSHROOMS**  
fontina, breadcrumbs, fresh herbs

**ROASTED VEGETABLE SKEWERS**  
lemon-basil aioli

# PARTY PACKAGES

## THE CELEBRATION PARTY .....

*small serves up to 24 people \$705*

*medium serves up to 48 people \$1,415*

*large serves up to 72 people \$2,095*

*includes:*

### **MINI CHICKEN SANDWICHES**

jack cheese, arugula, lemon-basil aioli

### **MINI TRI TIP SANDWICHES**

peperonata, arugula, red wine vinaigrette, lemon-basil aioli

### **LEMON MARINATED BAY SHRIMP BRUSCHETTA PLATTER**

cream cheese mousse

### **ROASTED VEGETABLE PLATTER**

lemon-basil aioli

### **FETA & SUN-DRIED TOMATO FLATBREAD**

cream cheese, kalamata olives, parsley

### **MINI TWICE BAKED POTATOES**

cheddar, sour cream, chive

### **SIGNATURE CHEESE PLATTER**

creamy brie, laura chenel chevre and shaft blue cheese served with caramelized onion, olive tapenade, roasted nuts, dried fruit, crostini, water crackers

### **SEASONAL FRUIT PLATTER**

best of season

# PARTY PACKAGES

## SELLAND'S CLASSICS . . . . .

*small serves up to 24 people \$795*  
*medium serves up to 48 people \$1,595*  
*large serves up to 72 people \$2,295*

*includes:*

### **MUSHROOM CHICKEN BREAST**

sherry, cream

### **HERB SALMON FILET**

olive oil, lemon, parsley, dill

### **MACARONI & CHEESE**

cheddar, gruyère, parmesan, toasted breadcrumbs

### **ROASTED BEET**

pistachios, feta, red onion, green onion, golden balsamic vinaigrette

### **FARMER'S MARKET SALAD**

mixed greens, avocado, cucumber, cherry tomatoes, carrot, radish, green onion, dill, nut and seed mix, choice of dressing

# PARTY PACKAGES

## THE LASAGNA PARTY . . . . .

*small serves up to 24 people \$415*  
*medium serves up to 48 people \$795*  
*large serves up to 72 people \$1,195*

*choice of:*

### **LASAGNA BOLOGNESE**

meat sauce, mozzarella, ricotta, parmesan

### **THREE-CHEESE LASAGNA**

tomato sauce, mozzarella, ricotta, parmesan

### **BUTTERNUT SQUASH & LEEK LASAGNA**

béchamel, mozzarella, sage, parmesan

*includes:*

### **ROASTED VEGETABLE PLATTER**

lemon-basil aioli

### **CLASSIC CAESAR**

chopped romaine, shaved parmesan, croutons, chives

### **GARLIC BREAD**



# DESSERT PLATTERS

*small serves up to 12 people*

*large serves up to 24 people*

*additional charges may apply for any special requests*

## **COOKIE LOVERS PLATTER sm \$40 | lg \$80**

chocolate chip, salted caramel, chocolate brownie chip, lemon sugar

## **SIGNATURE DESSERT PLATTER sm \$48 | lg \$90**

high hat cupcakes, carrot cupcakes, chocolate & peanut butter squares, lemon squares, chocolate chip cookies, salted caramel cookies

# SIGNATURE DESSERTS

*additional charges may apply for any special requests*

## **LEMON SQUARE \$3.75**

lemon custard, shortbread crust

## **CHOCOLATE & PEANUT BUTTER SQUARE \$3.75**

peanut butter, chocolate ganache, chocolate cookie crust

## **PUMPKIN CHEESECAKE \$6.50**

pumpkin cream cheese mousse, graham cracker streusel, whipped cream

## **BANANA PUDDING \$6.50**

vanilla coconut pudding, bananas, housemade vanilla wafer streusel, "whipped cream"

## **MAPLE PECAN TART \$6.50**

caramel pecan filling, maple whipped cream

## **COOKIES \$35 dozen**

chocolate chip, chocolate brownie chip, salted caramel, lemon sugar, apple snickerdoodle

# CUPCAKES

\$3.95 each / \$47 dozen

## HIGH HAT

chocolate cake, chocolate dipped meringue

## CARROT

carrot cake, cream cheese frosting, walnuts

## PUMPKIN SPICE CHAI LATTE CUPCAKE

pumpkin spice cake, chai latte frosting

# WHOLE CAKES & TORTES

*all orders must be placed by noon, 48 hours in advance*

## CARROT CAKE

cream cheese frosting, toasted walnuts

## SALTED CARAMEL CAKE

chocolate cake, salted caramel filling,  
chocolate frosting, salted caramel crisp pearls

## CHOCOLATE MOUSSE TORTE \$6.95 bar / \$56 whole

whipped cream, chocolate cookie crust, cocoa nibs

9" round 3 layer \$46 (serves 12-16)

## CELEBRATION PLAQUES WRITTEN ON FONDANT:

9" round \$3.75 each

Whether we are creating your meal from beginning to end, or just supplementing what you've created, we're here to help. Here are some details to consider:

- We provide delivery with a minimum purchase of \$500, with a small fee based on location.
- We provide disposable platters, plates, napkins and flatware for a small fee.
- A 48-hour notice may be required on some menu items.
- We allow for last minute orders based on availability. However, dates do fill up quickly, especially during peak seasons, so please place your order at your earliest convenience.
- We cater events, big or small, however we do not provide wait staff or party rentals.
- All menus and pricing are subject to change.

*We look forward to serving you!*

# CATERING

# OUR LOCATIONS

5340 H STREET  
SACRAMENTO, CA 95819  
916.736.3333 PHONE



915 BROADWAY  
SACRAMENTO, CA 95818  
916.732.3390 PHONE



4370 TOWN CENTER BLVD.  
EL DORADO HILLS, CA 95762  
916.932.5025 PHONE

